

Northbrook AC

Road Race Championships 2016

Final standings as at 31 December 2016

Men's Table

Best 5 Races

Pos		Cat	H/C	Time		5k	Time		5m	Time		10k	Time		10m	Time		1/2	Time		20m	Time		M	Time		Overall	Completed					
1	Stuart Lumsden	SM	100	17	19	100	17	21	100	28	56	100	0	36	51				100	01	17	39				100	2	44	86	500	6		
2	Martin Winch	MV35	94	18	39	98	18	16							100	1	02	32	99	1	21	43	100	2	10	09	99	2	57	112	496	6	
3	Steve Turvey	MV35	96	18	15	98	18	16	96	31	15	98	00	38	35	99	1	04	09	97	1	24	36				98	3	11	19	490	7	
4	Graham Dodd	SM	98	17	52	99	18	03	98	30	34	99	0	37	26				95	1	27	23									489	5	
5	Oliver Jones	SM	99	17	48	96	18	26	99	30	28	93	0	40	18	96	1	11	00												483	5	
6	Guy Bicknell	MV35	95	18	30	95	18	43	97	31	11	97	00	38	45				94	1	29	33	98	2	32	08					482	6	
7	Terry Moynihan	MV45	91	19	21	93	19	03	92	32	50	92	0	41	07	98	01	06	43	96	01	26	55								471	6	
8=	Tommy Dempsey	MV35	75	21	15	80	21	14	86	34	42	76	0	44	22	93	1	11	24	89	1	33	23	95	2	38	00	94	3	30	57	457	8
8=	Mark Baker	MV45	89	19	52	86	20	23				87	0	42	51	95	01	11	07	80	01	37	21	94	02	38	18	92	03	35	67	457	7
10	Paul Robbins	MV35	78	20	58	83	20	48	90	33	53	89	0	42	33	94	1	11	14	86	1	34	27	93	2	40	29					452	7
11	Joe Kelly	MV45	82	20	32							86	0	43	08	90	01	13	22	83	01	36	29	92	02	41	55	93	03	33	63	444	6
12	Peter Fellows	MV55	81	20	37	82	20	50	91	33	44	83	0	43	38				92	1	30	48					95	3	22	41	443	6	
13	Clive Horton	MV45	86	20	23							81	0	43	52				85	1	35	20	96	2	37	20	91	3	37	71	439	5	
14	Damian Pharoah	MV35	86	20	23	90	19	25	82	35	26	70	0	47	15	91	1	13	05	88	1	33	25								437	6	
15	Spencer Davies	MV35	80	20	39	84	20	45	87	34	06	84	0	43	26	92	1	11	51	87	1	34	05				85	3	54	105	435	7	
16	Simon Jones	MV35				88	19	52	90	33	53	88	0	42	37	86	1	17	58	75	1	38	57									427	5
17=	Anthony Hughes	MV55	76	21	13	85	20	25	85	34	52	74	0	45	42	88	1	16	42	77	1	38	34				87	3	41	79	422	7	
17=	Kevin Coughlan	MV45	77	21	09	75	21	45	80	35	48	75	0	45	17	89	1	16	13	78	1	38	26	91	2	49	48	84	3	54	105	422	8
19	Darron Handley	MV45	73	21	43				84	34	58	78	0	44	14				71	1	40	24	97	2	36	09					403	5	
20	Tony Mackness	MV55	67	21	58	78	21	27	81	35	34	80	0	43	53	83	1	21	44	72	1	40	13								394	6	
21	Steve Handy	MV35	79	20	48	66	22	56	83	35	05	77	0	44	15				81	1	36	50									386	5	
22	Damien Dear	SM	97	18	08	92	19	09				95	0	39	15											97	3	16	29		381	4	
23	Craig McNaney	MV55	61	22	38	66	22	56	70	38	23	69	0	47	35				68	1	43	36	90	3	04	09	80	4	09	14	377	7	
24	Rob Cox	MV45	68	21	53	70	22	32	74	37	34	73	0	45	51	87	1	17	46												372	5	
25	Andrew McConville	MV35	93	18	58				95	31	17	97	0	38	45				84	1	35	25									369	4	
26	Seb Jones-Brain	SM	92	18	59	89	19	30	94	31	44	91	0	41	27																366	4	
27	Tony Bowe	MV45	72	21	46	41	31	35	77	37	04							76	1	38	48					96	3	18	33		362	5	
28	Tony Forde	MV45	90	19	38				93	32	45	85	0	43	12				93	1	29	35									361	4	
29	Chris Perkins	MV45	38	27	36							52	0	55	23	81	1	32	28	51	2	10	35	89	3	40	12	79	4	37	70	352	6
30	Richard Cawley	MV35	55	23	31	68	22	52	76	37	15	65	0	48	05	82	1	24	44												346	5	
31	Jonathan Seed	MV35	84	20	31	87	20	17	90	33	53	79	0	44	09																340	4	
32	Mark Parker	MV35	66	22	03	59	23	59	67	38	51								67	1	47	02					78	4	46	88	337	5	
33	Mark Dalton	MV45	54	23	48	55	25	01	65	39	59	62	0	50	05	85	1	20	08	66	1	49	21								333	6	
34	Adrian Powell	MV45	59	22	58	43	30	10	79	35	56	63	0	49	14				48	2	20	46					82	4	04	4	331	6	
35	Richard Hands	MV35	65	22	10	69	22	40	78	36	26	56	0	52	22				55	2	01	26									323	5	

Northbrook AC

Road Race Championships 2016

Final standings as at 31 December 2016

Men's Table

Best 5 Races

Pos		Cat	H/C	Time		5k	Time		5m	Time		10k	Time		10m	Time		1/2	Time		20m	Time		M	Time		Overall	Completed			
36	Simon Davies	MV35	72	21	46	74	21	49										73	1	39	50				81	4	07	10	300	4	
37	Martin Gavin	MV55	41	26	40	49	26	45	62	43	37	48	0	58	39			59	1	56	36				76	5	08	11	294	6	
38	Tom Miller	MV45	60	22	39	72	22	19				72	0	46	51	85	1	20	08									289	4		
39	Scott Shepherd	SM																98	1	24	19	99	2	20	29	90	3	38	73	287	3
40	Richard Hodge	MV35				94	18	50				94	0	39	41			90	1	32	39							278	3		
41	Ian Paterson	MV45	65	22	10				71	38	13	71	0	47	11			69	1	41	59							276	4		
42	Mike Wheeler	MV35	87	20	21	91	19	18				90	0	41	31													268	3		
43	Brian Hewetson	MV55	49	25	19	48	26	59	61	44	25	50	0	56	25			47	2	37	21							255	5		
44	Mick Duggan	MV65	52	23	59				66	39	26	64	0	48	09			64	1	51	36							246	4		
45	Phillip Rawson	MV35	58	23	05	64	23	00				61	0	50	11			58	1	58	00							241	4		
46=	Simon Sweeney	MV45	45	26	04				59	46	14							56	1	58	59				77	5	06	7	237	4	
46=	Bob Adams	MV55	53	23	58	61	23	46				58	0	51	18			65	1	50	15							237	4		
48	Steve Damms	MV45				52	25	35								97	1	09	23	82	1	36	32					231	3		
49	Richard French	MV45	88	20	08	47	27	04										91	1	31	00							226	3		
50	Tony French	MV65	33	30	20	40	31	38	56	54	50	47	0	62	21			49	2	15	24							225	5		
51	Paul McGurk	MV55	70	21	49	79	21	22	75	37	25																	224	3		
52	Peter Kirkhope	MV45				77	21	34	73	37	36	69	0	47	35													219	3		
53	Kevin Erne	MV45	62	22	27	73	22	10	69	38	31																	204	3		
54	Charles Jones	MV55				60	23	55	72	38	08	67	0	47	44													199	3		
55	Jason Brannigan	MV35	42	26	37	50	26	21				49	0	57	42			50	2	13	33							191	4		
56	Andrew Pitt	MV45	47	25	33	58	24	28																83	4	02	0	188	3		
57	Robert Dimbleby	SM				57	24	46	63	41	34	60	0	50	13													180	3		
58	Robert Barry	MV45				81	21	05																88	3	39	75	169	2		
59	Dave Halford	MV55																79	1	37	33				86	3	47	91	165	2	
60	Keith Burdett	MV45	48	25	27	54	25	10										57	1	58	43							159	3		
61	Neil Smith	MV35				76	21	36										74	1	39	27							150	2		
62=	Will Kirk-Wilson	MV35							64	40	21	82	0	43	39													146	2		
62=	Fraser Barrett	MV45	36	27	51				58	48	02							52	2	10	08							146	3		
64	David Storer	SM	70	21	49																			75	5	34	63	145	2		
65	Stephen Mason	MV45	84	20	31													60	1	55	38							144	2		
66	Bernard Blundell	MV45				71	22	26	68	38	46																	139	2		
67	John Ralph	MV65	34	28	47	46	27	13	57	52	57																	137	3		
68	Steve Bottomley	MV45				67	22	54				66	0	48	00													133	2		
69	John Gibbons	MV45	74	21	31													53	2	06	02							127	2		
70	Jonathan Boyd	SM										57	0	51	31			62	1	52	17							119	2		

Northbrook AC

Road Race Championships 2016

Final standings as at 31 December 2016

Men's Table

Best 5 Races

[illegible]

Northbrook AC

Road Race Championships 2016

Final standings as at 31 December 2016

Women's Table

Best 5 Races

Pos			H/C	Time	5k	Time	5m	Time	10k	Time	10m	Time	1/2	Time	20m	Time	M	Time	Overall	Completed
1	Amanda Deavy	FV35	100	19 03			100	31 44	100	0 39 36	100	1 04 23	100	01 26 55					500	5
2=	Jill Pittard	FV35	95	21 43	100	20 51	98	35 24	99	0 44 09	99	1 13 40							491	5
2=	Sarah Booker	FV35	99	20 38	94	22 23							99	1 34 21	100	2 37 06	99	3 27 04	491	5
4=	Clare Rowntree	SF	97	21 29	97	21 59	97	35 29	98	0 45 08	98	1 15 07	97	1 38 27	96	2 41 06	97	3 31 29	487	8
4=	Amy Burdis	SF	96	21 33	98	21 58	99	34 51	96	0 46 10			94	1 41 07	98	2 39 22	95	3 39 53	487	7
6	Sally Eason	FV45	93	22 11	95	22 16	94	37 29	97	0 45 24	97	01 16 28	95	01 40 37					478	6
7	Corinna O'Connor	FV35	92	22 38	92	22 30	92	38 10	93	0 49 08			96	1 38 31	95	2 46 50	100	3 25 34	476	7
8	Sarah McNaney	FV55	91	22 42	91	22 39	95	36 06	84	0 54 39					99	2 38 58	96	3 38 32	472	6
9	Katy Davies	FV35	83	24 40	99	21 57	93	37 41	95	0 47 57			90	1 53 02	92	2 55 51	91	3 58 02	470	7
10	Claudie Combelas	FV45	89	23 53	89	23 26	91	40 13	88	0 52 32	96	01 24 02	81	02 15 59	93	02 52 05	92	03 57 52	461	8
11	Joanne Stacey	FV35	82	25 20	86	24 47	86	42 32	87	0 53 07	93	1 41 48	93	1 48 07	90	3 06 01	89	4 28 33	452	8
12	Allison Smith	FV45	84	24 25			89	41 42	81	0 55 34			92	01 48 40	91	03 04 09	90	04 09 53	446	6
13	Liz Pharoah	FV35	85	24 20	83	26 11							88	1 54 31	94	2 49 48	94	3 46 42	444	5
14	Linda Richards	FV45	76	27 05	85	25 38	90	41 29	89	0 52 29			84	2 04 01	88	3 23 06	88	4 30 40	440	7
15	Anne Hughes	FV55	79	26 36	84	25 50	84	43 29	82	0 55 33	94	1 35 10	85	1 59 16	89	3 17 19	85	4 52 01	437	8
16=	Julie Liggett	FV35	80	26 21	82	26 48	81	47 25	83	0 55 22	95	1 30 57	86	1 58 40			87	4 32 05	433	7
16=	Jo Arden	FV45	86	24 17	87	24 42	85	42 38	86	0 53 47			89	1 53 47					433	5
18	Rachel Liggett	FV35	77	26 59	79	27 49	82	46 34	79	0 56 29			83	2 05 58			86	4 39 28	409	6
19	Helen Hodge	FV35	70	28 49	74	29 37	79	48 20	77	0 59 31	92	1 43 19	82	2 11 22					404	6
20	Rachel Meredith	SF			93	22 26							98	1 36 57	97	2 40 52	98	3 29 36	386	4
21	Cath Fenn	FV45	98	21 26	96	22 10	97	35 29	94	0 48 55									385	4
22	Helen Wyatt	FV35	88	24 01	88	24 09			92	0 49 53							93	3 46 51	361	4
23	Anita Sanderson	FV45	73	27 55	77	28 11	80	47 39					80	2 18 13					310	4
24	Julie Cozens	FV45	72	28 42	73	31 16	83	45 06	75	1 04 08									303	4
25	Leanne Jones	FV35	81	25 58			88	42 27					91	1 51 38					260	3
26	Louise Myers	SF	87	24 08			87	42 31	85	0 54 17									259	3
27	Julie French	SF			71	32 14			76	0 63 23			79	2 19 15					226	3
28	Emma White	FV35	71	28 44	76	28 51			78	0 59 20									225	3
29	Alix Almond	FV35	94	21 57	90	23 10													184	2
30	Tara Lambert	FV35											87	1 58 29			84	5 11 17	171	2
31	Joanne Moyse	FV45	78	26 43	81	26 57													159	2
32	Sangeeta Redgrave	FV35							72	1 09 09			77	2 41 52					149	2

Northbrook AC

Road Race Championships 2016

Final standings as at 31 December 2016

Women's Table

Best 5 Races

[illegible]