

Northbrook AC

Road Race Championships 2015

Final standings

Men's Table

Best 5 Races

Pos		Cat	H/C	Time		5k	Time		5m	Time		10k	Time		10m	Time		1/2	Time		20m	Time		M	Time		Overall	Completed					
1	Stuart Lumsden	SM	100	17	30	100	17	38	100	29	11	100	0	36	52	100	0	59	16	100	1	20	20					500	6				
2	Martin Winch	SM	99	17	50	96	18	11	95	30	47								99	1	22	57	100	2	11	56	100	2	58	27	494	6	
3	Scott Shepherd	SM	98	18	3	98	18	1	97	30	18	99	0	37	59	98	1	5	48	98	1	23	37					97	3	9	55	491	7
4	John Wilson	MV40	95	18	27	97	18	10	98	30	15								97	1	23	46					99	3	8	14	486	5	
5	Steve Turvey	SM	94	18	36	99	17	58	96	30	39	93	0	39	50	99	1	2	59													481	5
6	Mark Baker	MV50	86	19	48	74	21	22	91	32	36	90	0	42	19	96	1	7	28	85	1	33	28	98	2	35	9	93	3	28	17	468	8
7	Peter Fellows	MV50	84	20	9				85	33	25	88	0	42	47	94	1	8	16	92	1	28	51	99	2	21	2	94	3	26	33	467	7
8	Richard Hodge	MV40	93	18	43	90	19	20	93	31	58	94	0	39	49	95	1	7	45	90	1	29	33									465	6
9=	Mike Wheeler	MV40	92	18	58	93	18	41	92	32	20	91	0	40	7	93	1	8	25	81	1	35	0									461	6
9=	James Joyce	MV40				86	19	49	90	32	52	95	0	38	58	97	1	7	16	93	1	27	47									461	5
11	Terry Moynihan	MV40	91	19	1	91	18	57	87	33	18	92	0	39	54	91	1	11	27	89	1	29	39									454	6
12	Guy Bicknell	SM	90	19	3	89	19	23	84	33	29	89	0	42	34	84	1	15	5	87	1	31	8					88	3	37	35	443	7
13	Joe Kelly	MV40	80	20	22	80	20	30				69	0	46	4	89	1	11	58	83	1	34	22	97	2	35	58	91	3	34	6	440	7
14	Tom Miller	MV50	85	19	59	86	19	49	80	34	15	80	0	43	29					65	1	43	22					98	3	9	42	429	6
15	Tony Forde	MV40	88	19	20				88	33	13	72	0	45	11					88	1	30	41					92	3	30	9	428	5
16	Damian Pharoah	MV40				84	19	52	86	33	24	84	0	43	14					79	1	35	30					86	3	46	29	419	5
17	Darron Handley	MV40	76	20	42				79	34	17	83	0	43	15	90	1	11	49	86	1	33	16									414	5
18	Simon Jones	SM	74	20	58	83	20	17	82	34	07	86	0	43	01	85	1	14	16	70	1	39	44									410	6
19	Paul Robbins	SM	81	20	20	81	20	24	81	34	09	73	0	45	05	88	1	12	12	73	1	38	32									404	6
20=	Tommy Dempsey	SM	71	21	12	70	21	53	78	34	20	82	0	43	18	86	1	13	13	84	1	34	16									401	6
20=	Spencer Davies	MV40	77	20	40	73	21	28	74	35	17	78	0	43	59	87	1	13	05	75	1	38	05					84	3	55	33	401	7
22=	Kevin Coughlan	MV50	67	21	46	68	22	02	70	36	52	66	0	47	14	83	1	17	48	67	1	41	10	91	2	58	01	82	4	02	18	394	8
22=	Tony Bowe	MV50	75	20	51	41	27	15	73	35	23	81	0	43	22					69	1	39	57					96	3	15	21	394	6
24	Trevor Knight	SM	97	18	06				99	30	07	97	0	38	40					96	1	24	07									389	4
25	Anthony Hughes	MV50	64	21	52	78	20	54				75	0	44	20					74	1	38	11	95	2	46	03					386	5
26	Craig McNaney	MV50	59	22	26	62	23	13				62	0	48	53	81	1	25	25	63	1	44	53	93	2	55	36	85	3	52	25	384	7
27	Mark Dalton	MV50	46	24	12	53	23	56	59	39	46	61	0	48	56	82	1	20	37	56	1	49	31	92	2	57	34	81	4	09	02	375	8
28	Tony Mackness	MV50	69	21	36	77	20	56	75	35	05	76	0	44	16					72	1	38	57									369	5
29	Andrew McConville	SM	96	18	22				94	31	02	98	0	38	37					79	1	35	30									367	4
30	Richard French	MV40	87	19	32	87	19	45												91	1	29	19					95	3	16	50	360	4
31	Stephen Galvin	MV40	72	21	07															82	1	34	28	94	2	54	26	90	3	36	22	338	4
32	Simon Davies	SM	61	22	18	69	22	00	69	37	49	61	0	48	56					66	1	43	19									326	5
33	Peter Kirkhope	MV40				79	20	47	76	34	42	85	0	43	05					77	1	36	32									317	4
34	Richard Cawley	MV40	53	23	26	56	23	45	64	38	36	59	0	50	03	80	1	27	27	44	2	04	47									312	6
35=	Andrew Houston	MV50	43	24	46	54	23	53	57	40	25	55	0	50	33					49	1	58	49					80	6	08	00	295	6
35=	Jonathan Boyd	SM	57	22	55	61	23	15	65	38	28	54	0	51	44					58	1	48	48									295	5

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Pos		Cat	H/C	Time	5k	Time	5m	Time	10k	Time	10m	Time	1/2	Time	20m	Time	M	Time	Overall	Completed
37	Bob Adams	MV50	68	21 40	72	21 37	77	34 40					76	1 38 00					293	4
38=	Paul McGurk	MV50	63	22 06	72	21 37			74	0 44 57			80	1 35 27					289	4
38=	Martin Gavin	MV50	49	23 51	49	24 37	56	41 07	56	0 50 25	78	1 28 23	50	1 58 14					289	6
40	Brian Hewetson	MV50	54	23 11	47	24 59	58	39 50	50	0 56 21	79	1 27 55	47	1 58 58					288	6
41	Damien Dear	SM			92	18 54			96	0 38 43			95	1 24 47					283	3
42	Jonathan Seed	MV40	89	19 13	88	19 27							94	1 27 33					271	3
43	Steve Handy	MV40	83	20 11	58	23 30			77	0 44 07			48	1 58 57					266	4
44	Richard Hands	MV40	70	21 27	66	22 20	71	36 21	57	0 50 20									264	4
45	Bernard Blundell	MV40			65	22 28	52	46 51					53	1 54 27	89	2 59 46			259	4
46	Clive Horton	MV50	73	20 59											96	2 40 38	89	3 37 16	258	3
47	Andrew Pitt	MV50	52	23 33	52	23 57							64	1 43 43			83	3 59 16	251	4
48	Charles Jones	MV50			61	23 15	66	38 17	64	0 48 13			57	1 49 18					248	4
49	Adrian Powell	MV50	61	22 18			68	37 58	63	0 48 31			54	1 51 21					246	4
50	Richard Wise	MV50	51	23 41	57	23 31	61	39 26					60	1 47 28					229	4
51	Mark Smith	MV40	41	25 28			54	43 27	52	0 55 15	77	1 34 58							224	4
52	Nick Sadler	SM			76	21 09	72	36 04	71	0 46 00									219	3
53	Kieran Prescott	SM	42	24 50	59	23 19			58	0 50 08			55	1 49 37					214	4
54	Andrew Ralph	MV50	67	21 46					70	0 46 02			62	1 45 00					199	3
55	Neil McKinstrie	MV40	47	24 07									52	1 55 05	90	2 59 26			189	3
56	David Cooper	MV40	39	25 50	43	26 17	55	43 17	51	0 55 43									188	4
57	Robert Pool	SM	62	22 16			63	38 54					61	1 46 23					186	3
58	Mick Duggan	MV50	50	23 49			67	38 04	67	0 47 04									184	3
59	Fraser Barrett	MV50	40	25 45	44	26 09	53	45 11	44	1 06 22									181	4
60	Chris Perkins	MV50							49	0 56 59			41	2 13 43	88	3 49 24			178	3
61	Will Kirk-Wilson	MV40					89	33 00	87	0 43 00									176	2
62	Robert Barry	MV40			82	20 19					92	1 09 29							174	2
63	Jason Brannigan	MV40	38	25 56	42	26 55			48	0 59 12			43	2 07 26					171	4
64	Tony French	MV50	33	29 32			51	48 45	46	0 60 24			40	2 14 56					170	4
65	Keith Burdett	MV50	48	23 53	55	23 46	62	39 25											165	3
66	Stephen Mason	MV40	79	20 23			83	33 40											162	2
67	Dave Halford	MV50											68	1 40 02			87	3 41 30	155	2
68=	David Walsh	SM	78	20 29					68	0 46 31									146	2
68=	Neil Smith	MV40			75	21 16							71	1 39 24					146	2
70	Jack Langman	MV50	44	24 41	46	25 28			53	0 52 09									143	3
71	Martin Turrall	MV50	33	29 32			50	49 21	45	1 06 00									128	3
72	John Ralph	MV50	34	27 21	40	28 06			47	0 59 29									121	3
73	Simon Sweeney	MV40	37	26 33	39	30 53							42	2 10 41					118	3

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Best 5 Races

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Northbrook AC

Road Race Championships 2015

Final standings

Ladies' Table

Best 5 Races

Pos.		Cat	H/C	Time		5k	Time		5m	Time		10k	Time		10m	Time		1/2	Time		20m	Time		M	Time		Overall	Completed					
1	Amanda Deavy	FV35	100	18	53	100	19	09	100	31	27	100	00	38	46				100	01	23	44			100	03	01	15	500	6			
2	Jill Pittard	FV35				99	20	45	97	34	53	99	00	43	37	98	01	14	40				99	02	43	57			492	5			
3	Lyn McDonald	FV35				96	21	25	98	34	41	98	00	44	16	100	01	13	25				100	02	43	25			492	5			
4	Sarah McNaney	FV45	99	21	06	98	21	00	96	35	05	88	00	47	58	94	01	17	59	94	01	39	18	98	02	45	41	97	03	33	05	488	8
5	Corinna O'Connor	FV35	92	22	01	93	22	04	91	36	49	93	00	45	34	99	01	14	14	97	01	37	47	96	02	48	23	98	03	31	16	483	8
6	Rachel Meredith	SF	96	21	41	95	21	38	94	36	18	94	00	45	29				96	01	38	52					96	03	39	39	477	6	
7	Amy Burdis	SF	93	21	55	90	22	52	93	36	22	92	00	45	46	95	01	17	21	92	01	42	52	97	02	46	06	99	03	30	45	477	8
8	Clare Rowntree	SF	94	21	51	92	22	14	95	36	04	95	00	45	10	97	01	16	07	93	01	40	08									474	6
9	Sarah Booker	FV35	98	21	08	97	21	14				89	00	47	00				98	01	36	25					90	04	23	24	472	5	
10	Sally Eason	FV45	91	22	13	92	22	14	92	36	46	91	00	45	49	96	01	16	23	95	01	39	07									466	6
11	Claudie Combelas	FV45	80	24	56	88	24	02	88	40	05	87	00	49	35	93	01	23	56	90	01	50	32	95	02	52	35	94	03	48	50	460	8
12	Liz Pharoah	FV35	86	24	30	81	26	32											84	01	56	26	94	02	52	47	95	03	45	48	440	5	
13	Jo Arden	FV45	89	22	54	87	24	18				86	00	50	47	91	01	30	04	83	01	57	24									436	5
14	Allison Smith	FV45	84	24	38	83	26	09	86	41	35	85	00	51	11	92	01	26	36	86	01	53	12									433	6
15	Linda Richards	FV35	73	26	51	78	27	03	80	44	37	80	00	55	53	89	01	39	52	79	02	05	25	91	03	27	55	89	04	32	27	428	8
16	Joanne Stacey	FV35	79	25	41	75	27	31	84	43	13	78	00	55	53									90	03	35	44	88	04	38	50	419	6
17	Tara Lambert	FV35	82	24	52	70	38	21	85	42	35								85	01	55	42					91	04	18	46	413	5	
18	Julie Cozens	FV45	74	26	50	79	26	59	82	43	35	82	00	54	50	90	01	34	29													407	5
19	Rachel Liggett	FV35	71	27	03				81	44	09	74	00	57	33				78	02	07	15					87	04	48	11	391	5	
20	Helen Hodge	FV35	67	29	35	74	28	39	77	48	48	72	00	59	12				77	02	16	49										367	5
21	Gemma Ross	SF				89	23	57											89	01	51	58	93	02	54	42	92	04	07	43	363	4	
22	Cathrine Fenn	FV35	96	21	41	73	28	46	90	37	12	90	00	45	52																	349	4
23	Leanne Jones	FV35	75	26	28				83	43	22	81	00	54	57				81	02	03	19										320	4
24	Ros Myers	FV45	65	30	33	72	30	13	75	51	08	71	00	61	08																	283	4
25=	Kate Jones	SF	97	21	28							96	00	45	09				88	01	52	14										281	3
25=	Alix Almond	FV35	90	22	44	94	21	41				97	00	44	55																	281	3
27	Claire Arden	FV45	85	24	37	86	24	55											91	01	50	19										262	3
28	Helen Wyatt	FV35	88	24	15				89	40	02	84	00	51	22																	261	3
29	Sarah Sale	SF	82	24	52	85	25	25				83	00	53	36																	250	3
30=	Joanne Moyse	FV45	78	25	47	84	25	47											87	01	52	23										249	3
30=	Gemma Darby	SF	83	24	50				87	40	21	79	00	55	36																	249	3
32	Anne Hughes	FV45				82	26	20				69	01	03	23				82	02	02	35										233	3
33=	Laura Nye	SF	69	28	15				79	45	18	80	00	55	24																	228	3
33=	Julie Liggett	FV35	72	26	57							76	00	56	10				80	02	04	32										228	3
33=	Hazel Cann	FV45	76	26	25	77	27	30				75	00	57	09																	228	3
36	Emma White	FV35	68	28	47				78	47	46	73	00	58	05																	219	3
37	Tracy Morgan	FV45				71	32	20				68	01	08	03				76	02	35	17										215	3
38	Julie French	SF	66	29	36				76	49	43	70	00	62	14																	212	3
39	Joanna Brown	FV35							99	32	59								99	01	29	38										198	2

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Pos.		Cat	H/C	Time	5k	Time	5m	Time	10k	Time	10m	Time	1/2	Time	20m	Time	M	Time	Overall	Completed				
40	Rebecca MacLeod	FV45													92	03	05	14	93	04	05	08	185	2
41	Helen Morris	FV45	77	25	53	77	27	30											154				87	1
42	Claire Owen	FV35	87	24	29														80				70	1
43	Katy Davies	SF				80	26	52											70				64	1
44	Clare Lynch	SF	70	27	48														70				64	1
45	Lindsay Wechter	SF	64	31	45														64				64	1