

# Northbrook 10k

## Sunday 14 July 2019 at 9.40am



Under UKA Rules

Part of the 2019 Warwickshire Road Race League



### Entry Form



You can also enter online at [www.runbritain.com](http://www.runbritain.com)

**First Name** .....

**Last Name** .....

**Address and** .....

**Postcode** .....

**Telephone/Mobile** .....

**E Mail** .....

Needed to notify you of any new information about this event

**Date of Birth** ..... **Age on Day of Race** .....

**Gender (M/F)** .....

**UKA Affiliated Club** .....

(if applicable - otherwise write "Unattached")

**Unique Reg No** .....

(required if entering as affiliated athlete)

Tick appropriate box



**Adult Entry UKA Affiliated** **£13.00**

**Adult Entry Non UKA Affiliated** **£15.00**

**Adult Entry On The Day** **£17.00**



Declaration: I agree to abide by the Race Conditions (see below) and will not take part if medically unfit to do so. I understand that I take part entirely at my own risk and accept that the organisers shall not be liable for any injury or illness to any person as a result of taking part, nor for any damage or loss of property. I understand that the organiser, in line with many major events, is operating a no refunds or deferrals policy (although transfers of entry are allowed with the race organiser's permission). I am an amateur as defined by UKA rules.

Personal information given on this form will be used only to administer the Northbrook 10k and, in the case of UKA registered Club entrants, the Warwickshire Road Race League. In entering this event I consent to my information being used for these purposes.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

(Parent guardian to sign if entrant is under 18)

Send entry form to **Northbrook 10k Race Entries, 83 Hollyfast Road, Coventry, CV6 2AE** and make cheques payable to **Northbrook AC**.

VISIT [WWW.NORTHBROOKAC.ORG.UK/10K](http://WWW.NORTHBROOKAC.ORG.UK/10K) TO READ FULL RACE INFORMATION, OR TO ENTER ONLINE

FOR RACE CONDITIONS SEE NEXT PAGE



## **Race Highlights**

The 10km race is a one lap course on undulating, rural roads staged in conjunction with the Allesley Festival, and supporting Coventry Cyrenians, Allesley Scouts and Gt Ormond St Children's Hospital

Start is in Browns Lane

Race registration, changing, showers and toilets  
Jaguar Sports and Social Club, Browns Lane, Coventry

Prizegiving and refreshments  
Scout Hut Washbrook Lane, adjacent to the finish

Limited parking at Jaguar Sports & Social Club,  
alternative parking nearby

## **Race Conditions**

1. The race will be run under the UK Athletics (UKA) Rules. All instructions issued for the safety of the runners and others must be complied with.
2. First Aid - by entering the event you are authorising the release of personal and medical details by the Medical Team to the Event Organiser, for statutory purposes, if attended to in a medical emergency.
3. Entries will be accepted on the day up to 9.15am providing the race limit of 800 has not been exceeded.
4. You must be 15 years or over on race day to compete.
5. Closing date for postal entries is 6th July 2019.
6. All numbers are to be collected, either on the day prior to race day or on race day.
7. Time limit – authority for road closures lapses at 11.30am when marshals will be withdrawn and you will no longer be insured.
8. Images – by entering the race you give permission for the free use of your name, voice and picture in any record or promotion of this event.

For more information visit our website at [www.northbrookac.org.uk/10k](http://www.northbrookac.org.uk/10k) and check out the FAQ's

## **Prize List**

Cash prizes:

- First five Male & Female finishers and First Male & Female U17 & U20

Other prizes:

- Male: U17, U20, SM, M35, M45, M55, M65, 1<sup>st</sup> Club Male Team (4 to count)
- Female: U17, U20, SF, F35, F45, F55, F65, 1<sup>st</sup> Club Female Team (3 to count)

**MAXIMUM OF ONE INDIVIDUAL PRIZE PER COMPETITOR**

Memento and medal for all race finishers